Coming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 17th July</td>
<td>P and C Meeting 2 pm</td>
</tr>
<tr>
<td>Thursday 23rd July</td>
<td>Small Schools’ Stage Day</td>
</tr>
<tr>
<td>Friday 24th July</td>
<td>District Athletics Carnival Tree Day</td>
</tr>
<tr>
<td>Thursday 30th July</td>
<td>Financial Literacy Workshops</td>
</tr>
<tr>
<td>Friday 31st July</td>
<td>Bowral’s Got Talent 6 pm at Bowral High School</td>
</tr>
<tr>
<td>Thursday 13th August</td>
<td>NRL Gala Day</td>
</tr>
</tbody>
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Welcome Back
We would like to wish everyone a warm welcome back to Term 3. This term we are very excited to be studying a unit of work on Japan. We will also be running a personal development program called Friendly Schools. This term we will celebrate Education Week and Book Week, participate in Musica Viva, Oz Opera and the 52 Storey Tree House performances, and prepare for the Kangaloon Performance Evening. The students will continue gymnastics lessons, and play football and cricket for sport in preparation for our Gala Days.

Thank You
We would like to thank John Baxter for the wonderful job that he has done installing a wind break in the COLA. It looks fantastic and has made it much warmer.
We would also like to thank Susan Whatman and her family for looking after the chickens in the holidays. They are looking very healthy and have started laying again.

Small Schools’ Stage Day
Next Thursday we will be involved in a small Schools’ stage day with Exeter and Avoca Schools. The day will provide our students with an opportunity to work with their peers from other schools in Literacy and Numeracy sessions and provide our teachers with the opportunity to observe and be observed by their colleagues. Please find more information in the attached note.

P and C Meeting
Our next P and C meeting will be held on Friday at 2 pm. Please come along and have your say. An agenda is attached to this week’s newsletter, If you would like to add anything, please email Carmel.

Bowral’s Got Talent
On Friday 31st July the Bowral Community of Schools will be holding a talent quest. Nathan, Darcey and Ryan will be performing an item that has been organised by our drum teacher, Michael Griffiths. Students and parents are welcome to come and support our students. The cost of the night is $15 Adult, $10 Child/conc, $25 Family.

Healthy Kids
Fact – Just like adults, children need all (3) key elements for healthy bones; Calcium + Exercise + Sunshine.

Children aged between 4-8 years should aim to have 2-3 serves of calcium-rich foods each day. Older children (9-11 years) and teens (12-18 years) should aim to have 3 serves of calcium-rich foods each day.

Try: chickpeas, legumes, broccoli, figs, tofu, cheese, yoghurt, salmon, baked beans, mild, fruit smoothies and fresh orange juice.
Newsletter Attachments
- Small Schools’ Stage Day Note
- Middle Childhood Survey Information Leaflet (Year 6)
- Gymnastics Note
- P and C Agenda
- Stephen Michael Kind Book Order Form
- Book Club
- Term Planner

COMMUNITY NEWS

Mittagong Blue Light Disco
Venue: Mittagong RSL
Date: Saturday 25th July
Times: 4pm to 6.30pm
Cost: $5.00 per child 4 – 14 years
Parents and children under 4 free.

We would love to have a dress up for the July Blue Light! These are always so much fun, so let’s dress to impress in your favorite costume. We will leave the task for you to decide on, if you don’t want to, that’s ok just come along and have some fun.