Coming Events

<table>
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<th>Date</th>
<th>Event</th>
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<tr>
<td>Thursday 7th May</td>
<td>District Cross Country</td>
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<td>12th – 14th May</td>
<td>NAPLAN for Years 3 and 5</td>
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<tr>
<td>Friday 15th May</td>
<td>KPS Has Got Talent Auditions</td>
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<td>Tuesday 19th May</td>
<td>Light Horse Visit to School</td>
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<td>Friday 22nd May</td>
<td>Kangaloon Has Got Talent</td>
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<td>Tuesday 26th May</td>
<td>Responsible Pet Ownership Workshop</td>
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<td>Thursday 28th May</td>
<td>Small Schools’ Mentoring Day</td>
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<td>Friday 29th May</td>
<td>Kangaloon Athletics Carnival</td>
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<td>Wednesday 3rd June</td>
<td>Excursion to Canberra</td>
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Healthy Kids – Move more, sit less, every day!
What is PHYSICAL ACTIVITY? – any activity that gets children moving, that makes their breathing quicker and their hearts beat faster. Children can be physically active in many different ways at any time of day. Try to aim for at least 60 minutes a day in a variety of ways.

Fact No. 3 – The use of electronic media for entertainment should be limited to less than 2 hours per day. Only 29% of Australian children (5-17yrs) meet these guidelines.

Uniform Orders
Anna will be ordering new uniforms on Friday this week. Order forms were attached last week. If all orders could be returned, together with your payment, by 9.15am on Friday, May 8. Thanks.

Thank You
We would like to thank Sharon Coulter and Harriet Goodall for the wonderful work that they did on Monday with the children.

Too Sick For School?
As the cold weather hits, so do the winter bugs. It’s often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser www.bit.ly/1hytn2E

Newsletter Attachments
- Soup Days
- Year 6 Science Permission Note

Kangaloon’s Got Talent

We have started our preparations for Kangaloon’s Got Talent and the Biggest Morning Tea. There is already a buzz of excitement about the event. Over the coming weeks we will ask the children to start preparing their acts, ready for auditions that will be held after lunch on Friday 15th of May. Don’t forget to come and join us on Thursday 22nd May, as we watch our aspiring young performers and raise money at The Biggest Morning Tea. Entry will be by a gold coin donation. The morning begins at 10am at Kangaloon Hall. If you would like to bring something to share for morning tea, it would be greatly appreciated.

Good Luck
We would like to wish Darcey, Alfie and Lachlan all the best of luck as they compete at the District Cross Country on Thursday.
COMMUNITY NEWS

Cool Kids Program
For anxiety in children aged 7-12

10 WEEK Program run by Community Health Psychologists for children with anxiety and their parents

Focusing on:
1. What anxiety is, and how it affects the body
2. Thinking more realistically
3. Fighting fear by facing fear
4. Problem solving skills
5. Assertiveness skills

WHEN
Thursday Mornings 9:30 – 11:30 am
28th May – 13th August (2 week break over school holidays)

WHERE
Bowral Memorial Hall
Enter from Bendooley Street, Bowral.

CONTACT
Kellie or Megan to
Enquire or Register before
21st May 2015
(02) 4861 8042

Workbooks
$30 per family

NSW Health
South Western Sydney Local Health District